



The Recreation & Community Services Department staff are available to provide information on our programs, activities and events. Monday-Friday 8:00am - 5:00pm
 Phone: 626-307-1388 Email: recreation@montereypark.ca.gov
 Web: www.montereypark.ca.gov/recreation

Parks
Make
Life
Better!

CITY OF MONTEREY PARK

...Spring Break...
Day Camp
 March 30 - April 3, 2026

8 am to 6 pm

\$191.09 - Resident
 \$209.30 - Non-Resident

Ages 5 - 12

Scan to Register!

Activities
 Arts & Crafts | Outdoor & Gym Play | Group Games | Free Play | Themed Activities | & More!

Barnes Park Extended Day Care
 350 S. McPherrin Ave.
 Monterey Park, CA 91754
 (626) 307-1451

LIFEGUARD CERTIFICATION

Blended-Learning Lifeguard Certification Course for new lifeguards or those with certification expired by more than 30 days.

Course Information:

- American Red Cross Certification
- Online & In-Person
- Lifeguarding (including Deep Water) with CPR/AED & First Aid

Registration Deadline:
 Friday, March 20, 2026

Spring 2026 Course Dates
 March 30 - April 3, 2026
 8:00 am - 6:00 pm

George Elder Park Pool
 1950 Wilcox Ave.
 Monterey Park, CA 91755

For more information or to register, contact Scott Imaizumi, Program Coordinator.
 (626) 307-1476
 simaizumi@montereypark.ca.gov

CITY OF MONTEREY PARK
 Presents
CINCO DE MAYO Celebration
 FOOD • DRINK • DANCE • LIVE MUSIC

Thursday, May 7, 2026
 5:00 PM - 10:00 PM

LIVE ENTERTAINMENT
 Mariachi Orgullo Jalisciense
 and
Sangre Nueva

- Food Vendors • Beer Garden •
- Family-Friendly Activities • Carnival Rides •

In Collaboration with the
Monterey Park Certified Farmers' Market

For more information:
 www.montereypark.ca.gov/cincodemayo
 (626) 307-1388
 @MontereyParkRec

UPCOMING COMMUNITY EVENTS:

CITY OF MONTEREY PARK
 RECREATION AND COMMUNITY SERVICES DEPARTMENT

SPRING EGG HUNT

4PM - 7PM
26 MARCH

Wristband Required

Registration Opens Monday, March 2, 2026

FOOD • MUSIC • GAMES • EGG HUNT • MORE
 AT BARNES PARK
 350 S. McPherrin Ave. Monterey Park
 FOR MORE INFORMATION CALL 626-307-1388
 WWW.MONTEREYPARK.CA.GOV/MPKEGGHUNT

MONTEREY PARK
 CHERRY BLOSSOM
 FESTIVAL 2026

SAVE THE DATE!
 APRIL 11-12

CITY OF MONTEREY PARK
MPK CAMPOUT
 Family Overnight Camping

SAVE THE DATE
 JUNE 12-13, 2026

\$50
 up to 5 campers

BARNES PARK
 350 S. McPHERRIN AVE., MONTEREY PARK

- arts & crafts • hula dancing
- games • movie • s'mores

WWW.MONTEREYPARK.CA.GOV/MPKCAMPOUT

RECREATION CLASSES

Register online, by phone or in-person. www.montereypark.ca.gov/recreation (626) 307-1388 recreation@montereypark.ca.gov

YOUTH CLASSES

Chinese Reading Class (Monthly-First 4 Sundays)

The purpose of the Mandarin learning course is to provide a fun and engaging learning experience for students aged 5 to 13. It is ideal for beginners and helps build a strong foundation in the Chinese language. Students will learn basic conversation, Chinese rhymes, and proper writing through stroke order practice-all through fun activities, games, music and arts & crafts!

My Ms Panda 5 -13yrs 9:30-11:00 am **Garvey Ranch Community Room** Sun \$128

Mommy & Me Chinese Class (Monthly-First 4 Sundays)

Children will learn basic Mandarin through songs, stories, and playful reading games. They'll explore new words, simple Chinese characters, and early reading skills in a happy, hands-on way - all while building confidence and a love for Mandarin language!

My Ms Panda 5yrs - under 9:00-9:30 am **Garvey Ranch Community Room** Sun \$99

DANCE CLASSES

Dance Fitness

Join a fun, all-inclusive dance fitness class, perfect for all fitness levels! Groove to energizing music with easy-to-follow moves that can be modified for your pace. Enjoy a full-body workout in this supportive space while having fun and expressing yourself, regardless of dance experience.

Megan Lee 18yrs+ Mar 12-Apr 16 Th 6:00-7:00pm **Garvey Ranch Community Room** \$120

Laurinda's Line Dance

A variety of music from Cha Cha, Rumba, Swing, Tango, Waltz and upbeat modern. Improves memory, coordination, and builds stamina. Requirement: Must be able to adapt to LOUD music and some line dance.

Laurinda Truong Jan 6 - Mar 31 Tu 6:30-9:30pm **Langley Center** \$80

Pickleball 101 (Monthly - First 4 Wednesdays)

Come learn the basics of Pickleball! This class will teach all beginners how to hold paddles, how to strike & top-spin the ball, how to count scores, all basic play rules & etiquette at courts and basic strategies to win. Students must bring their own paddle.

Peter Lin Monthly Wed 9-10:30am \$50 **Barnes Park Gym**

Salsa Dance Class

Get in shape while having fun moving to latin rhythm. We will start with a variety of footwork by partnering dance to Latin rhythm.

Dorothy Tsu & Moses Navarro Langley Center Jan 11 - Mar 22 (No class 2/1) Sun 11am- 12:15pm \$126

Tai Chi (Monthly)

Experience the healing power of Chi Gong with a master teacher who has studied Tai Chi and Chi Gong for over 50 years. Strengthen your body, calm your mind and uplift your spirit through the art of this exercise.

Peter Chen Wed 9:00-10:00am \$32 **Sierra Vista Park Community Room**

Taiko Drumming

Taiko drumming will increase your strength, flexibility, stamina and coordination in a fun and healthy way. This class does not require previous experience and will enhance your sense of rhythm and appreciation of music.

Michael Naishtut Feb 24-Apr 14 Tu 6:00-7:30pm \$160 **Sierra Vista Park Community Room**

Yoga & Pilates (Monthly)

Stretch and strengthen joints & muscles and improve Arthritis with easy to follow yoga poses and movements. First half of class consists of standing poses. Second part of class can be done in the chair or yoga mat. Class is for all levels!

Katalina B 18+ yrs Mon 11:00am-12pm \$40 **Sierra Vista Park Community Room**

SPORTS CLASSES

Breakthrough Sports Basketball League - Spring 2026

Breakthrough Sports 3-on-3 league features a high-level clinic designed to improve mechanics, help develop basketball IQ and boost confidence ran by several of the league coaches. Our leagues are designed for players of ALL experience levels as we offer different skill divisions at each age level. Find out why Breakthrough Sports is changing the landscape of youth basketball!

Tryouts: Mar 19 **League Play: Mar 26 - May 17**
Thu - Practice, Sun - Games

George Elder Park Gym
K-2nd 4:30-5:30pm Thu & Sat \$225
3rd-5th 5:30-6:30pm Thu & Sat \$225
6th-8th 6:30-7:30pm Thu & Sat \$225

"MPK Minis" by Breakthrough Sports Little Hoopers

Breakthrough Sports developed a learn to play basketball program with one goal in mind: instilling the basic fundamentals of basketball in a fun environment for kids 3-7years of age in Southern California. Our out-of-the-box approach to teaching basketball makes this class a must!

Wed 4:00-5:00 pm \$80-100 **Barnes Park Gym**

Breakthrough Sports Basketball Training Academy

Our weekly basketball training offers a different weekly curriculum designed to develop mechanics, improve basketball IQ and boost confidence in a fun environment.

K-5th gr 5:00-6:00 pm Wed \$80 - 100 **Barnes Park Gym**
6th- 8th gr 6:00-7:00 pm Wed \$80 - 100 **Barnes Park Gym**

Hitting Fundamentals for Beginning to Advanced Baseball/ Fast-Pitch Softball (30-Minute Private Instruction)

Designed to teach boys/girls fundamentals of hitting. Students will get repetition by utilizing the latest tee drills, flip drills and front toss drills. Need your own bat and batting helmet. Contact instructor for times and days available.

Jay Simper 626-664-4583 **La Loma Field**
Private Lessons- 4 lessons total (8-18yrs) \$134

Johnny Allen Tennis Classes

Johnny Allen Tennis Classes available for people of all ages. More information on each specific class can be found at online registration. For more information and rainy-day makeup policy, please visit www.johnnyallentennis.com or call 1-844-9TENNIS (1-844-983-6647)

2026 Sessions:

Winter Session 4 - Mar 10 - Mar 26

Spring Session 1 - Mar 31 - Apr 16

Spring Session 2 - Apr 21 - May 7

Johnny Allen Tennis - Tiny Aces Tennis Class (3-5 yrs)
Highlands Park Tue & Thu 4:15-5 pm \$108
Johnny Allen Tennis - Little Aces Tennis Class (6-8 yrs)
Highlands Park Tue & Thu 5-6 pm \$128
Johnny Allen Tennis - Junior Aces Tennis Class (9-12 yrs)
Highlands Park Tue & Thu 6-7 pm \$128
Johnny Allen Tennis - High School Aces Tennis Class (13-17 yrs)
Highlands Park Tue & Thu 7-8 pm \$128
Johnny Allen Tennis - Adult Cardio Tennis Class (18+ yrs)
Highlands Park Tue & Thu 8-9 pm \$128

Soccer Shots Classes

Soccer Shots is an engaging, non-competitive children's program with a focus on foundational soccer skills, fun, and character development. Our curriculum aligns with California Early Childhood Education standards and delivers a world-class approach designed by professional athletes, soccer coaches, and early childhood education experts. Over 2,000,000 children have begun the sport in the Soccer Shots Way. Material fee \$20 for families who do not have a Soccer Shots jersey). More information on each specific class can be found at online registration.

Soccer Shots Mini (2-3yrs) - Monthly **Barnes Park**
Thu 3:20-3:50pm \$89-109
Soccer Shots Classic (3-5yrs) - Monthly **Barnes Park**
Thu 4:00-4:40pm \$89-109
Soccer Shots Premier (5-8yrs) - Seasonal 12 weeks **Barnes Park**
Thu 4:50-5:40pm \$321



PICNIC SHELTER RENTALS

Visit www.rec.montereypark.ca.gov to reserve your next celebration in just a few minutes!
Locations, Prices, and Rules are all online.
For more information, call 626-307-1388

RECREATION CLASSES & PROGRAMS

2026 RECREATION CLASSES

Tuesdays	Laurinda's Line Dance Line dance to a variety of music! (Adults)	Langley Center
Sundays	Salsa Dance Class Get in shape moving to latin rhythm! (Adults)	Langley Center
Thursdays	Dance Fitness Fusion-fitness combining exercise & dance! (Adults)	Garvey Ranch
Tues & Thur	Water Aerobics Shallow & Deep Water Aerobics classes! (Adults)	George Elder Pool
Various	Yoga & Chair Yoga Beginner yoga classes with easy-to-follow stretches and poses!	Various
Various	Weekly Summer Camps Weekly summer camp programs offered by Brick Tech and Chess Wizards! (Youth)	Various

FOR MORE INFORMATION VISIT: WWW.MONTEREYPARK.CA.GOV/CLASSES

2026 RECREATION CLASSES

Tues & Thur	Johnny Allen Tennis Tennis classes for students of all ages!	Highlands
Tuesdays	American Nippon Kenpo Self-defense techniques to reach goals in martial arts skills for ages 4-11	Barnes Park
Wed	Breakthrough Sports Basketball classes to learn fundamentals! (Youth)	Barnes Park
Saturdays	Wing Chun Kung Fu Wing Chun Kung Fu classes for students of all ages!	Garvey Ranch
Sundays	Mandarin Chinese Classes Interactive Mandarin classes! (Youth)	Garvey Ranch
Various	Hitting Fundamentals Hitting fundamentals for baseball/softball! (Youth)	La Loma Field
Mon, Wed, Fri	Shotokan Karate Do Beginner and Advanced karate classes for students age 6-54!	Langley Center
Various	Pickleball Additional pickleball classes coming soon!	Various

FOR MORE INFORMATION VISIT: WWW.MONTEREYPARK.CA.GOV/CLASSES

MARTIAL ART CLASSES

American Nippon Kenpo (Monthly)

Nippon kenpo uses self-defense techniques in striking, kicking, throwing, reverse-holds, ground combat, grappling, and judo. Balance, coordination, stretching, strengthening, and cardiovascular fitness will equip each student to reach their goals in martial arts skills.

Manuel Nunez Barnes Park Service Club
 4-7yrs 5:00-5:55pm Tu \$34
 8+yrs 6:00-6:55pm Tu \$34

BLee's Kung Fu & Tai Chi (Monthly)

Self-Defense awareness and novice kung fu skills. Classes cover learning blocking, striking, kicking, evading and footwork. Develop skills that are with you wherever you go. Understand street smarts, personal boundaries, avoiding grabs, and precision strikes. Expert instructor with over 40+years of experience.

Location: 5423 Rosemead Blvd., San Gabriel CA 91776

3 Classes per week
 16+yrs 7:15-8:30pm Mon/Wed \$109
 16+yrs 6:00-7:15pm Tu/Th \$109

Shotokan Karate Do (Monthly)

Shotokan Karate-Do will help students develop mobility, balance, awareness, reflexes, timing, and discipline. Promotional rankings are available. Friday class is optional. Students must verify holiday make ups with instructor. Ages 6+ years.

Richard Kageyama Langley Center
 Mon/Wed/Fri 6:30pm - 7:45pm
 \$37/month - Adult \$35/month - Child

Wing Chun Kung Fu - (Resuming January 2026)

Introduction to Aumei Kung Fu including the official history of Wing Chun, Desui, Chi Kung, and their philosophy in fundamental training, and applications in all ranges, long, short, grappling, rejuvenation breathing exercise, and weapons.

Tom Wong Garvey Ranch Park Community Room
 Sat (Introductory) 9am - 10am \$89
 Sat (Intermediate) 10am - 11am \$89

City of Monterey Park Recreation & Community Services Department
SWIMMING LESSONS
 Online registration opens Tuesday, May 12, 2026 @ 8:00 AM.
YOUTH - \$46.85
 Saturday Only
 Weekday AM (Mon-Fri)
 Weekday PM (M/W or Tu/Th)
ADULT - \$46.85
 Saturday Only
 Weekday PM (Tu/Th)
WHAT YOU WILL LEARN
 • Learn to Breathe
 • Learn to Float
 • Learn to Swim
 Register Here
George Elder Park Pool
 1950 Wilcox Ave.
 Monterey Park, CA 91755
 (626)307-1308
www.montereypark.ca.gov/swimlessons

NEWS UPDATE

CITY OF MONTEREY PARK PROJECT NOTICE
OUTDOOR COURTS IMPROVEMENTS
 January 29 - April 13 crews will be repairing concrete and resurfacing outdoor courts throughout the city. Work will take place in a park-by-park process to allow for continued access to tennis and pickleball courts.
 Project Funded By:
 Monterey Park, CA

AQUATICS CLASSES

Aquatics Classes

Four classes are offered per week. Each 50 min session is considered one class. One class per week allows a student to participate in any single session offered in a given week. Two classes per week allows a student to participate in any combination of two sessions offered in a given week. Unlimited classes allows a student to participate in any/all classes offered in a given week.

One Class per week: \$85

Two Classes per week: \$125

Unlimited Classes (up to 4) per week: \$145

Shallow Water Aerobics

Shallow Water Aerobics is an effective low impact class that provides cardiovascular benefits as well as flexibility and muscular toning. Students are required to provide their own water noodle.

Margaret Nalbandian George Elder Park Pool
 Spring: Apr 28-Jun 16 Tu & Thu 4:15-5:05pm

Deep Water Aerobics

Deep Water Aerobics is a great way to strengthen and tone muscles while building cardiovascular fitness. Students wear a buoyancy belt during class to provide flotation, alignment, and freedom of movement. Students should feel comfortable in deep water.

Margaret Nalbandian George Elder Park Pool
 Spring: Apr 28-Jun 16 Tu & Thu 5:15-6:05pm

ALL AQUATIC PROGRAMS LOCATED AT GEORGE ELDER PARK
 1950 WILCOX AVE.
 MONTEREY PARK, CA 91755
 Visit www.montereypark.ca.gov/aquatics or call (626)307-1308 for more information.
 Summer Swim Lessons Water Aerobics Morning Lap Swim Competitive Swimming Summer Recreational Swim

ADULTS 50+ CLASSES

Mature Driving Class (55+yrs)

Mature driver improvement course is designed for drivers 55 and older and provide instruction on defensive driving, California motor vehicle laws, updates on rules of the road and the effects that medication, fatigue, alcohol, visual, or auditory limitations have on a person's driving ability. Course completion certificate will be issued following class.

Monterey Park Police Department Langley Center
 Wed 8am - 4:30pm \$1.00

Friendship Chorus

Sing in a Chinese Choir group with experienced instructors for over 30 years.

Jia Fang Su Langley Center
 Jan 7 - Mar 25 Wed 10am-12pm \$75

International Folk Dance

Explore folk dances from different countries around the world. Have fun learning about new cultures and while engaging in a rhythm activity for all.

Cindy Fang Langley Center
 Jan 2 - Mar 27 Fri 9am - 12:30pm \$30

May's Tai Chi Class

Learn and train in the fundamental skills of Tai Chi to improve coordination, strength, flexibility, and mental agility. Basic foundation in Tai Chi Chuan is helpful, but all levels are welcome. We will work on a variety of practices, such as Yang and Chen styles Tai Chi Chuan, Tai Chi Fan, and Health Qigong.

Sing May Chen Langley Center

Intermediate- Chen Tai-Chi & Chi Sword)

Jan 3 - Mar 21 Sat 9-10 am \$150

Beginner - Yang Tai Chi & Health Qigong

Jan 3 - Mar 21 Sat 10-11 am \$150

Taiko Drumming

Taiko drumming will increase your strength, flexibility, stamina, and coordination in a fun and healthy way. This class does not require previous experience and will enhance your sense of rhythm and appreciation of music.

Michael Naishtut Langley Center

Feb 24 - Apr 14 Tue \$120

Genki Taiko 1 (Moderate) 9am-10am

Genki Taiko 2 (Int & Adv) 10am-11am

Beginner 11am-12pm

LANGLEY CENTER - ADULTS 50+ PROGRAMS

All activities and services for Adults 50 years and older unless otherwise noted.
 Langley Center 400 West Emerson Avenue, Monterey Park CA 91754 Main 626-307-1395 * Dial-A-Ride 626-307-1396 * Lunch Hotline 626-307-1395
 CENTER HOURS: Monday, Wednesday & Friday 8:00am - 5:00pm and Tuesday & Thursday 8:00am - 8:00pm Saturday & Sunday 8:00am - 2:00pm

UPCOMING EVENTS

- Mon-Fri - Senior Lunch Dine-In Program, 11:30am-12:15pm
 *Sponsored by YWCA Intervale - must be registered. First come, first served.
- Mar 11- Mature Driving Course by MPPD, Sierra Vista Club House
- Mar 16- Commission on Aging Meeting, 11:00am
- Mar 19- St Patrick's Day Dance, 1-3pm \$3.00 (Registration required)
- Mar 20- Langley Movie Cinema, Jungle Cruise (2021), 1:00pm



Langley center senior activity
ST. PATRICK'S DAY DANCE
MAR 19
 Ages 50+
 Live Entertainment || Refreshments || 1pm-3pm
 Registration begins March 2 - \$3
 Celebrando el Día de San Patricio
 19 de marzo, 1:00-3:00 h
 \$3 incluye música en vivo y botana
 Para mayores de 50 años
 Registración a partir del 2 de marzo
 en el Langley Center
 慶祝聖派翠克節
 3月19日, 下午1點至3點
 3美元, 包含現場音樂和小吃
 50歲以上人士參加
 3月2日起開始報名
 地點: 蘭利中心
 For more information contact
 Langley Center at 626.307.1395



LANGLEY CENTER SENIOR ACTIVITY
JUNGLE CRUISE
MAR 20 1PM
 REGISTRATION NOT REQUIRED - AGES 50+ - FREE SNACKS
 3月20日, 星期五
 無需註冊, 免費提供小吃和軟性飲料。
 僅限50歲以上人士參加。
 Viernes 20 de marzo. No es necesario registrarse. Refrigerios y refrescos gratuitos.
 Para mayores de 50 años.



PING PONG
AT SIERRA VISTA PARK
 MONDAY - WEDNESDAY - FRIDAY 5PM - 8PM
 CLOSED HOLIDAYS
\$15 PER MONTH \$2 DAILY FEE
 OPEN PLAY
 FOR MORE INFORMATION CONTACT THE RECREATION & COMMUNITY SERVICES DEPARTMENT AT 626-307-1388

SENIOR LUNCH 60YR+

Langley Center Congregate In-Person Dining Monday - Friday 11:00am - 12:30pm

Join us for a hot lunch meal Monday - Friday from 11:30am - 12:15pm (except holidays or special events) in our Main Dining Room. Lunches are reserved on a **first-come, first-served basis**. The drop-in dine-in meals are open to any adult over 60-years and older. Our daily congregate in-kind lunch meals are provided by the YWCA - San Gabriel Valley Intervale Senior Services. Any questions, please call Langley Center 626-307-1396 or YWCA San Gabriel Valley Intervale at 626-214-9456.

- Dine-in only. Reservations begin at 8:00am. Must have ticket with lunch served at 11:30am.
- Lunches are reserved on a first-come, first-served basis.
- Must be 60+ years or individual with permanent or temporary disability.
- Complete YWCA Intervale lunch intake application form.
- Suggested Donation \$3.00

TRANSPORTATION SERVICES

Dial-A-Ride is a FREE SHARED transportation service for Monterey Park Senior Residents ages 55 years or older and/or have a signed form from a physician attesting to a disability. The service provides transportation within city limits, and to medical appointments in adjacent communities within five miles.

- Residents 55+ years or individual with permanent or temporary disability must complete an application and provide proof of residency (state issued ID card or utility bill).
- One-time \$5 ID Card registration fee.

Dial-A-Taxi service is available 24hours, 7 days a week, for all Dial-A-Ride members. To schedule an appointment - call Dial-A-Taxi Dispatch at **855-305-9979** \$1.00 copay per trip.



MPK Transit Express is a new service designed as a "corner to corner" pick up and drop off. Commute, run errands and more with MPK Transit Express. Call **626-606-2679** Monday-Friday 6:30am-6:30pm to schedule your ride on download the app. All rides are free until early September, after which rides will be only \$2 each.

FREE DROP-IN DAILY ACTIVITIES & PROGRAMS CLASSES & ACTIVITIES ARE FREE & SUBJECT TO CHANGE. CALL LANGLEY CENTER FOR MORE INFO.

- Angkor Dance Sun 12:30 - 2:00pm
- Basic Ballroom Dance Wed 12:30 - 4:30pm
- Billiards, Ping Pong & Fitness Room
 M-W-F 8:00am - 5:00pm Tu-Th 8:00am-8:00pm
- Bridge Play Tu 12:00pm-4:00pm & Th 11:00am-4:00pm
- Bunka Japanese Embroidery Sat 9:00am-11:00am
- Chess Club M 8-10:30am
- Crochet & Knitting Tu 9:00am-11:00am
- Get Fit & Sit Exercise 2nd & 4th Fri 10:00am-10:30am
- Happy Tuesday Karaoke Tu 12:30-5:00pm
- Jennie's Line Dance M-Th-F 9:00am-10:00am
- Jewelry Making Support 1st&3rd W 1:30pm-3:00pm
- Joyful Karaoke Th 11:00am-3:00pm
- Karaoke & Dancing M 12:00pm-4:30pm
- Kimekomi Doll Making 2nd & 4th W 12:00pm-2:30pm
- Line Dance Tu & Th 9:00am-10:00am W & F 10:00am 11:00am
- Lovely Karaoke 1st & 2nd Sun 9:00am - 1:00pm
- Mah Jong M-W-F 11:00am-4:30pm
- Tai-Chi Mon 9:00am-10:00am
- Qi-Gong W 9-9:45am
- Watercolor 101 Painiting Fri 8:30-10:30am,
- World Cultural Dance Sat 10:00am-12:00pm
- Yuen Chi Dance M-Tu-W-Th-Sat 8:00am-10:00am