



**City of Monterey Park
General Plan Sustainable Community and Healthy Community Elements**

**Farmers' Market Outreach Booth
September 7, 2012**

On Friday, September 7th, 2012, the City of Monterey Park hosted a community outreach booth at the Monterey Park Farmers' Market. On that day, the Farmers' Market was combined with a Back to School Health and Fitness Event in partnership with the City of Monterey Park, Alhambra Unified School District, and the Asian Pacific Islander Obesity Prevention Alliance. This special event brought additional community members to the venue. At the project booth, consultant staff and volunteers provided information about the Healthy Community and Sustainable Community Elements, asked youth to draw their ideas related to the topics on paper "quilt squares," and asked adult and older youth to provide thoughts responding to two questions:



- How can Monterey Park become a more sustainable community? and
- How Can Monterey Park improve health in the community?

The following are the comments written on Post-It Notes in response to the two questions.



How Can Monterey Park Become a More Sustainable Community?

- Recycling bins throughout the City (like San Francisco!) (in Fire Station)
- Bike trails/paths (not on road – like rancho)
- Community garden
- Clean/maintain restrooms in parks! (Barnes Memorial)
- "Greener City": recycle bids, recycle reuse, reduce
- Getting everyone educated to recycle!
- Educate drivers about bicycling



- Not wasting water (using resources wisely)
- Monterey Park has “hard water” and showers get calcified
- Recycle
- Cascade Park – incorporate a running park around park closer to Monterey Park Chamber of Commerce
- Label bike paths connecting parks – “2 miles to next park”
- Not littering (cleaning up after yourself)
- Keep the trees – shade shelter, 02
- Ban plastic bags
- Recycle
- Throw trash in trash cans!

How Can Monterey Park Improve Health in the Community?

- Fix potholes (New Avenue, Monterey Pass Road...)
- Water aerobics – more!
- Bring in “Juice it Up” & “Coffee Bean”
- Connecting Parks (“it’s a great workout with the hills”) with Bike Lanes
- Attract big business to bring in revenue for city
- Reverse 911 (like OC)
- Outdoor Mall – walk around (like Victoria Gardens in Rancho)
- ZUMBA IN THE PARK! FREE (by donation)
- Make better use of Cascade Park
- “Redo Carvey” – Redo design, walkable – squeeze in café – make it a place to hang out “like Pasadena”
- Farmer’s Market – close Ramona St. on Fridays – and expand FM...make spaces to sit & socialize!
- Create walking median parks with exercise equipment stations/pieces – could do it at Cascades Park and seating places (fountains)
- Garvey / Alhambra, Avalon & Baltimore – traffic safety





- Price of produce – lower allows more people to buy
- Fix stairwells on Cascade Park (earthquake damage) – too dangerous to exercise!(We used to exercise there years ago)
- “Better dining” / restaurants – places to “hang out” – more options
- Community Garden
- Organic food – Trader Joes
- Monterey Park is not a “destination” ...how to make it a destination?
- Eat more fruits
- Patio covers / shade for school’s play area
- Walking Club (Moms with babies)
- Food Fairs – demonstrations to how to eat veggies
- Too many similar Asian restaurants (even though they’re always busy)
- No smoking in places near children & elderly especially
- Including vegetables in diet
- 4 way stop, speed bumps, traffic lights to prevent injuries!
- Healthy menus in restaurants (even vegetarian restaurants are fried food based)
- Dog Park (on South Orange by Gardenview Ranch Park by tennis court)
- I want more free P.E. classes
- Lit tennis courts – until midnight
- Build a dog park at Garvey Ranch Park
- High number of collisions involving pedestrians- Baltimore Ave. at Avondale Ave. and Garcelon Ave.